MONDAY  TUSOAY  MEDISOAY  Salariancesses Challe Egis & Cerees Parts Whole Kernel Core (1) An Univer & Clemes Salariancesses Challe Egis & Cerees Parts Salariancesses Challe Egis & Cerees Challe Egis & Ce		November 2018	November 2018 LACOE		GRADE: 9-12	Menu
MONDAY  TURSCAY  TURSCAY  TURSCAY  TO Green Chiler Eg. & Cheere Too Southweaters Come (Los) Back Beam (Los) Beam (Eg. Eg. Street Too Southweaters Come (Los) Back Beam (Los) Beam (Eg. Eg. Street Too Southweaters (Los) Beam (Eg. Eg. Cheere Too South (Los) Beam (Eg. Eg. Cheere Too Southweaters (Los) Beam (Eg. Eg. Cheere Too)		November 2010	B: 158	RL: 215 CL-50	VL: 15 Salads: 40	Serve w/ Milk & Fruit
Southweeter Challes food with Spacetus.  Southweeter Challes food with Spacetus.  Brown Rece (FL) (Bas others CHE) (Bas other		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
Southweeter Challes food with Spacetus.  Southweeter Challes food with Spacetus.  Brown Rece (FL) (Bas others CHE) (Bas other					1	2
Brown Rice (1), Gibbs Beams (17/2) at Ministry Riches State (17/2) at Ministry Riches Fortical (1) and Riches Consisted (17/2) at Ministry Riches Fortical (	В					Coffee Cake & String Cheese
Solid (1/4)  Cheese Famal with Black Bears (1c)  Greek Chicken Salid with a Wheat Dimer  Chocoliste Crescent  Famcaise (2) with Syrup  Famcaise (3) with Syrup  Famcaise (2) with Syrup  Famcaise (3) with Syrup  Famcaise (2) with Syrup  Famcaise (3) with Swriba With With Commanda (1) with Green Salid (1)  Greek Chicken Salid with a Wheat Dimer  Famcaise (3) with Swriba  Famcaise (3) with	L				Brown Rice (1c), Black Beans (1/2c) &	Mongolian Beef (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
Greek Clicken Saled with a Wheet Dinner Roll  Francises (2) with Syrup  Francise Chicken Saled with a Wheet Dinner Roll  Francises (2) with Syrup  Francises Chicken Saled with a Wheet Dinner Roll  Clips Chicken Patts with Carrot Stick (1t)  Bend, Bena & Cheese Burnto with Whole Kernel Corn 1td  Clips Chicken Patts with Carrot Stick (1t)  Gardon Burger with Sweet Putatio (1t)  Cactear Chicken Saled with a Wheet Dinner Roll  Corn 1td  Corn 1td  Cheese Puza with Green Saled (2t)  White (2t) with Syrup  Penne Patta (2t) (2t) with Syrup  Cheese Chicken Saled with a Wheet Dinner  Field  Cheese Chicken Saled with a Wheet Dinner  Field  Cheese Chicken Saled with a Wheet Dinner  Field	CL					Caesar Chicken Tortilla Wrap with Green Salad (1c)
Boll Reduced Sugar Cinnamon Toast Crunch & Wo Crackers  Repepter on Puzza with Green Saled (2)  Cojun Chicken Pasts with Carnot Sticks (1)  Reduced Sugar Cinnamon Toast Crunch & Wo Crackers  Repper on Puzza with Green Saled (2)  Cojun Chicken Pasts with Carnot Sticks (1)  Reach & Ranch  Corn Saled (1/4)  Corridon Burger with Sweet Pozato (1)  Corridon Saled with a Wheat Dimer  Roll  Sale & Cheese Burnto with Whole Kernel  Corn (1):  Coreser Pizza with Green Saled (2)  Coreser Chicken Saled with a Wheat Dimer  Roll  Sale Sale Sale Sale Sale Sale Sale Sale	v				Cheese Tamal with Black Beans (1c)	Mongolian Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
Particular (1,2 with yorgus) Berf, Beach (1,2 with yorgus) Berf, B	s					Santa Fe Chicken Salad with a Wheat Dinner Roll
Sweet Potato (1c)  Capiun Chicken Pasta with Carrot Sticks (1c)  RemeCorn (1c)  Capiun Chicken Pasta with Carrot Sticks (1c)  RemeCorn (1c)  Capiun Chicken Pasta with Carrot Sticks (1c)  Reme Corn (1c)  Capiun Chicken Pasta with Carrot Sticks (1c)  RemeCorn (1c)  Capiun Chicken Pasta with Carrot Sticks (1c)  Reme Corn (1c)  Carden Burger with Sweet Potato (1c)  Carden Sald (3/4c)  Carrot Sticks (1c) & Bean & Cheese Bursto with Whole Kernel  Corn (1c)  Carear Chicken Sald with a Wheat Dinner  Roll  Waffles (2) with Syrup  Carrot Sticks (1c) & Bean Chill with WG Saltines (6pts) & Green Salad (1c)  Cheese Chicken Salad with a Wheat Dinner  Roll  Macaroni & Cheese with Carrot Sticks (1c) & Bean Chill with WG Saltines (6pts) & Green Salad (1c)  Cheese Chicken Salad with a Wheat Dinner  Roll  Adacroni & Cheese with Carrot Sticks (1c) & Bean Chill with WG Saltines (6pts) & Green Salad (1c)  Cheese Chicken Salad with W Molest Chinese Chicken Salad (1c)  Chicken Carrot (1c)  Chicken Carrot (1c)  Chicken Salad with a Wheat Dinner  Roll  21  Coco Puffs & WG Cackers  Penne Pasta (1c) & Marciano (1c)  Chicken Salad with a Wheat Dinner  Roll  22  Coco Puffs & WG Cackers  Penne Pasta (1c) & Marciano (1c)  Chicken Salad with a Wheat Dinner  Roll  23  Carrot Sticks (1c) & Ranch  Roll  24  Carrot Sticks (1c) & Ranch  Salad (3/4c)  Chicken Salad with a Wheat Dinner  Roll  25  Carrot Sticks (1c) & Marciano (1c)  Chicken Salad with a Wheat Dinner  Roll  26  Carrot Sticks (1c) & Marciano (1c)  Chicken Salad with a Wheat Dinner  Roll  27  Carrot Sticks (1c) & Marciano (1c)  Chicken Salad with a Wheat Dinner  Roll  28  Multinary Chicken Stalad with a Wheat Dinner  Roll  29  Pancakes (2) with Syrup  Penne Pasta (1c) & Marciano (1c)  Chicken Salad with a Wheat Dinner  Roll  20  Pancakes (2) with Syrup  Penne Pasta (1c) & Marciano (1c)  Chicken Salad with a Wheat Dinner  Roll  Carrot Sticks (1c) & Ranch  Roll  Corn (1c)  Chee	В	Chocolate Crescent	Pancakes (2) with Syrup		Maple Pancake Corn Dog	9 Mexican Concha
8 Ranch V Garden Burger with Sweet Potato (12) Carden Burger with Sweet Potato (12) Carden Burger with Sweet Potato (13) Carden Burger with Sweet Potato (14) Carden Roll  Macaroni & Cheese Burger with Sweet Potato (14) Carden Burger with Sweet Potato (14) Carden Roll  Macaroni & Cheese with Carrot Sticks (14) & Rend Carden Burger with Sweet Potato (14) Carden Roll  Macaroni & Cheese with Carrot Sticks (14) & Rend Carden Burger with Sweet Potato (14) Carden Roll  Macaroni & Cheese with Carrot Sticks (14) & Rend Carden Roll  Macaroni & Cheese with Carrot Sticks (14) & Rend Chef Turkey & Fam Salad with a Wheat Dinner Roll  Macaroni & Cheese with Carrot Sticks (14) & Rend Chef Turkey & Fam Salad with a Wheat Dinner Roll  Double Dog Chicken Not Dogs with Sweet Double Dog Chicken Not Dogs with Sweet Chicken Salad with a Wheat Dinner Roll  Marinara Chicken Patas with Carrot Sticks (14) & Ranch Cheese Patas with Carrot Sticks (14) & Ranch Marinara Chicken Patas with Carrot Sticks (14) & Ranch Cheese Patas w	L			Pepperoni Pizza with Green Salad (2c)	Chicken Taquitos (2) with Pinto Beans (1c)	Orange Chicken with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
Cleasar Chicken Salad with a Wheat Dinner Roll  22  33  Waffles (2) with Syrup  Macaroni & Cheese with Carrot Sticks (1z) & Roll  44  Lucky Charms & WG Crackers  Macaroni & Cheese with Carrot Sticks (1z) & Roll  Chicken Fadad with a Wheat Dinner Roll  44  Lucky Charms & WG Crackers  Macaroni & Cheese with Carrot Sticks (1z) & Roll  Chicken Fadad with a Wheat Dinner Roll  45  Macaroni & Cheese with Carrot Sticks (1z) & Roll  Chicken Fadad with a Wheat Dinner Roll  46  Macaroni & Cheese with Carrot Sticks (1z) & Roll  Chef Turkey & Romes with Carrot Sticks (1z) & Roll  Chef Turkey & Romes Washad (1z)  Chef Turkey & Romes Washad (1z)  Chef Turkey & Romes Salad (1z)  Chef Turkey & Romes Salad (1z)  Dinner Roll  75  76  76  76  76  76  76  76  76  76	CL	,				Oriental Chicken Wheat Tortilla Wrap with Carrot Sticks (1/2c) & Ranch
Roll Dinner Roll Roll Roll Roll Roll Roll Roll Rol	v	Garden Burger with Sweet Potato (1c)		Cheese Pizza with Green Salad (2c)		Orange Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
Waffles (2) with Syrup  Lucky Charms & WG Crackers  Beef, Cheese & Chili Flaquito  Turkey Breast with Mashed Potatoes (1c), Gray & Corn Bread (2c)  Cliantro Turkey Tortilla Wrap with Carrot  Sticks (1/2c) & Ranch  Steef & Bean Chili with WG Saltines (6pkts) & Green Salad (1c)  Turkey & Cheese Hoage Roll  Stand (3/4c)  Turkey & Cheese Corn Liz)  Lucky Charms & WG Crackers  Beef, Cheese & Chili Flaquito  Turkey Breast with Mashed Potatoes (1c), Gray & Corn Bread (2c)  Caesar Chicken Tortilla Wrap with Carrot  Sticks (1/2c) & Ranch  Cheese Paral with Green Salad (1c)  Cheese Famal with Green Salad (1c)  Cheese Famal with Green Salad (1c)  Cheese Paral with Green Salad (1c)  Pancakes (2) with Syrup  20  Pancakes (2) with Syrup  Pepperoni Pizza with Green Salad (2c)  With Shredded Cheese (2c) & Whole  Footato (1c)  Marinara Chicken Pasta with Carrot Sticks (1c) & Ranch  Beef (2 or in Fasta with Carrot Sticks (1c) & Ranch  Cheese Paral with Green Salad (1c)  Caesar Chicken Salad with a Wheat Dinner  Fooli  Marinara Chicken Pasta with Carrot Sticks (1c) & Ranch  Pepperoni Pizza with Green Salad (2c)  With Shredded Cheese (2c) & Whole  Kernel Corn (1/2c)  With Shredded Cheese (2c)  With Shre	s	Roll	Dinner Roll	Roll	Roll	-
Macaroni & Cheese with Carrot Sicks (12, 8 Ranch  Cliantro Turkey Tottilla Wrap with Carrot Sicks (1/2) & Ranch  Cliantro Turkey Tottilla Wrap with Carrot Sicks (1/2) & Ranch  Macaroni & Cheese with Carrot Sicks (12) & Bean Chill with Swredded Cheese (202), WG Saltines (6pkts) & Green Salad (12)  Chef Turkey & Leese Torta with Cliantro Bean Salad (3/4c)  Bean Chill with Swredded Cheese (202), WG Saltines (6pkts) & Green Salad (12)  Chef Turkey & Leese Torta with Cliantro Bean Salad (3/4c)  Bean & Chiese Chicken Salad with a Wheat Dinner Roll  20  Pancakes (2) with Syrup  Penne Pasta (1c) & Macat Sauce (3/4c) with Whole Kernel Corn (3/4c)  Whole Kernel Corn (3/4c)  Creamy Basil Chicken Tortilla Wrap with BBQ Corn Salad (1/2)  Whish Bageds w/Cinnamon Cream Cheese (1c) & Ranch  Salad (1/2)  Penne Pasta (1c) & Macat Sauce (3/4c) with Whole Kernel Corn (3/4c)  Whole Kernel Corn (3/4c)  Creamy Basil Chicken Tortilla Wrap with BBQ Corn Salad (1/2c)  With Shiredded Cheese (20.0) & Whole Kernel Corn (3/4c)  Caesar Chicken Salad with a Wheat Dinner Roll  Clinatro Turkey & Cheese Sandwich with Carrot  Sicks (1/2c) & Ranch  Chiese Chicken Salad with Whole Chiese Sandwich with Carrot  Sicks (1/2c) & Ranch  Chiese Pizza with Green Salad (2c)  Turkey & Cheese Sandwich with Carrot  Sicks (1/2c) & Ranch  Cheese Pizza with Green Salad (2c)  With Shiredded Cheese (20.0) & Whole Kernel Corn (3/4c)  Cheese Pizza with Green Salad (2c)  With Black Beans (1c)  Salad (1 1/2c)  Salad (1 1/2c)  Chef Turkey & Ham Salad with a Wheat Dinner  Roll  Caesar Chicken Salad with a Wheat Dinner  Roll  Turkey Salad Sandwich with Green Salad (1)  Turkey Salad Sandwich with Salad with a Wheat Dinner  Chicken Taria with Carrot Sicks (1/2c)  Cheese Pizza with Green Salad (2c)  Turkey & Cheese Sandwich with Carrot  Sicks (1/2c) & Ranch  Cheese Pizza with Green Salad (2c)  Cheese Pizza with Green Salad (2c)  Cheese Pizza with Green Salad (2c)  Chill Dog with Carrot Sicks (1/2) & Ranch  Chill Dog with Carrot Sicks (1/2) & Ranch  Chill Dog with Carrot Sick	В	12		-		
Sticks (1/2c) & Ranch  Macaroni & Cheese with Carrot Sticks (1/2c) & Bean Chili with Shredded Cheese (2oz), WG Saltines (6pkts) & Green Salad (1z)  Chef Turkey & Ham Salad with a Wheat Dinner Roll  20 Pancakes (2) with Syrup Penne Pasta (1c) & Mearinara Sauce (1/2c) with Shredded Cheese (2oz) & WG Saltines (6pkts) & Green Salad (1z) Creamy Basil Chicken Tortilla Wrap with BBQ Corn Salad (1/2c) Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole with Black Beans (1c)  Solicks (1/2c) & Ranch  Salad (3/4c)  Bean Chili with Shredded Cheese (2oz), WG Saltines (6pkts) & Green Salad (1z) Chiese Chicken Salad with a Wheat Dinner Roll  21 Coco Puffs & WG Crackers Pepperoni Pizza with Green Salad (2c) Pepperoni Pizza with Green Salad (2c) Whole Kernel Corn (1/2c) Whole Kernel Corn (1/2c) Whole Kernel Corn (3/4c) Whole Kernel Corn (1/2c) With Shredded Cheese (2oz) & With Swrup  Penne Pasta (1c) & Mearinara Sauce (1/2c) With Shredded Cheese (2oz) & Whole Salad (1/2c) Salad (1/2c)  Salad (1/2c) Salad (1/2			Macaroni & Cheese with Carrot Sticks (1c) &	Beef & Bean Chili with WG Saltines (6pkts)	Turkey Breast with Mashed Potatoes (1c),	
Saltines (6pkts) & Green Salad (1c)  Chef Turkey & Ham Salad with a Wheat Dinner Roll  Dinner Roll  Pancakes (2) with Syrup  Penne Pasta (1c) & Meat Sauce (3/4c) with Whole Kernel Corn (3/4c)  Marinara Chicken Pasta with Carrot Sticks (1c) & Ranch  Salad (1r)  Caesar Chicken Salad with a Wheat Dinner Roll  Penne Pasta (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c)  Saltines (6pkts) & Green Salad (1c)  Chinese Chicken Salad with a Wheat Dinner Roll  Penne Pasta (1c) & Meat Sauce (3/4c) with Whole Kernel Corn (3/4c)  Penne Pasta (1c) & Meat Sauce (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c)  Chef Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch  Dinner Roll  Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch  Dinner Roll  Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch  Dinner Roll  Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch  Dinner Roll  Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch  Dinner Roll  Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch  Dinner Roll  Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch  Chiese Pizza with Green Salad (2c)  Cheese Pizza with Green Salad (2c)  Chiese Pizza with Green Salad	CL	THERANS DAD				Caesar Chicken Tortilla Wrap with Carrot Sticks (1/2c) & Ranch
Dinner Roll	v					Cheese Tamal with Green Salad (2c)
Mini Bagels w/Cinnamon Cream Cheese Double Dog Chicken Hot Dogs with Sweet Potato (1c)  Marinara Chicken Pasta with Carrot Sticks (1c) & Ranch  Garden Burger with Sweet Potato (1c)  Marinara Chicken Pasta with Carrot Sticks (1c) & Ranch  Garden Burger with Sweet Potato (1c)  Marinara Chicken Pasta with Carrot Sticks (1c) & Ranch  Double Dog Chicken Hot Dogs with Sweet Potato (1c)  Marinara Chicken Pasta with Carrot Sticks (1c) & Ranch  BBQ Corn Salad (12/2c) with Shredded Cheese (2c) & Whole Kernel Corn (12/2c) Cheese Pizza with Green Salad (2c) Cheese Pizza with Green Salad (2c) With Shredded Cheese (2c) & Whole Kernel Corn (12/2c) Cheese Pizza with Green Salad (2c) Chees	s		Dinner Roll	Roll	Roll	-
Double Dog Chicken Hot Dogs with Sweet Potato (1c)  Marinara Chicken Pasta with Carrot Sticks (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) with Shredded Cheese (2oz) & Garden Burger with Mashed Potatoes (1/2c) with Shredded Cheese (2oz) & Green Salad (1/2c) with Shredded Cheese (2oz) &					22	23
Potato (1c)  Marinara Chicken Pasta with Carrot Sticks (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) Chef Turkey & Ham Salad with a Wheat Dinner Salad (1c)  Penne Pasta (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) Chef Turkey & Ham Salad with a Wheat Dinner Roll  Z7  Caesar Chicken Salad with a Wheat Dinner Roll  Z8  Zucchini Loaf  Z9  Cinnamon French Toast w/Syrup Multi Grain Cheerios & WG Crackers  Chicken & Waffles with Mashed Potatoes (1c)  Whole Kernel Corn (3/4c)  Creamy Basil Chicken Tortilla Wrap with BBQ Corn Salad (2c)  With Shredded Cheese (2oz) & Whole Kernel Corn (1/2c)  Cheese Pizza with Green Salad (2c)  Chinese Chicken Salad with a Wheat Dinner Salad (1c)  Spinach Chicken Pasta with Cilantro Bean Salad (1c)  Spinach Chicken Pasta with Cilantro Bean Salad (1c)  Spinach Chicken Pasta with Cilantro Bean Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) with Black Beans (1c)  Shredded Cheese (2oz) Nachos (2oz) with Black Beans (1c)  Shredded Cheese (2oz) Nachos (2oz) with Black Beans (1c)  Shredded Cheese (2oz) & Green Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) with Shredded Cheese (2oz) & Green Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) with Black Beans (1c)  Shredded Cheese (2oz) Nachos (2oz) with Shredded Cheese (2oz) & Green Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) & Green Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) & Green Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) & Green Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) & Green Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) & Green Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) & Green Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) & Green Salad (1c)  Shredded Cheese (2oz	В			Coco Putts & WG Crackers		The beauty of Physics
(1c) & Ranch  BBQ Corn Salad (1/2c)  Penne Pasta (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) Caesar Chicken Salad with a Wheat Dinner Roll  27  Cinnamon French Toast w/Syrup with Black Beans (1c) Spinach Chicken Pasta with Cilantro Bean Salad (1c) Spinach Chicken Pasta with Cilantro Bean Salad (1c) Spreaded Cheese (2oz) & Marinara Sauce (1/2c) with Black Beans (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Black Beans (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Black Beans (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Black Beans (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Black Beans (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Black Beans (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Black Beans (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Black Beans (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Black Beans (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Green Salad (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Green Salad (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Green Salad (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Green Salad (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Green Salad (1c) Spaghetti (1c) & Marinara Sauce (1/2c) with Green Salad (1c) Spaghetti (1c) & Marinara Sauce (1/2c) With Green Salad (1c) Spaghetti (1c) & Marinara Sauce (1/2c) Spaghetti (1c) & Marin	L			Pepperoni Pizza with Green Salad (2c)	* Townson	Trainesgriting Bressings
V Garden Burger with Sweet Potato (1c) with Shredded Cheese (2oz) & Whole Kernel Corn (1/2c) Chef Turkey & Ham Salad with a Wheat Dinner Roll  Caesar Chicken Salad with a Wheat Dinner Roll  Caesar Chicken Salad with a Wheat Dinner Roll  Cheese Pizza with Green Salad (2c) Chinase Chicken Salad with a Wheat Dinner Roll  Chicken Roll  Chicken Salad with a Wheat Dinner Salad (1c)  Spaghetti (1c) & Maeathalls with Green Salad (1c)  Chicken Salad with a Wheat Dinner Salad (1c)  Chicken Salad with a Wheat Dinner Salad (1c)  Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)  Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)  Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)  Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)  Chef Turkey & Ham Salad with a Wheat Dinner Chicken Salad with a Wheat Di	CL		BBQ Corn Salad (1/2c)		Thanksgiving	
Roll Dinner Roll Roll 29  Zucchini Loaf Zucc	v	Garden Burger with Sweet Potato (1c)	with Shredded Cheese (2oz) & Whole	Cheese Pizza with Green Salad (2c)		A STATE OF THE STA
Bef (2oz) & Cheese (.5oz) Nachos (2oz) with Black Beans (1c)  Spinach Chicken Pasta with Cliantro Bean Salad (1 t) 2c  V Shredded Cheese (2oz) Nachos (2oz) with Black Beans (1c)  Spinach Salad (1c)  Spaghetti (1c) & Meatballs with Green Salad (1 t) 2c  Turkey Salad Sandwich with Green Salad (1 t) 2c)  White Salad (1c)  Spinach Chicken Pasta with Cilantro Bean Salad (1c)  Shredded Cheese (2oz) Nachos (2oz) with Black Beans (1c)  Shredded Cheese (2oz) Nachos (2oz) with Black Beans (1c)  Shredded Cheese (2oz) & Green Chile Egg & Cheese Burrito  Chicken & Waffles with Mashed Potatoes (1c)  Spinach Chicken Pasta with Cilantro Bean Salad (1c)  Turkey & Cheese Croissant Sandwich with Carrot Sticks (1/2c) & Ranch  Carrot Sticks (1/2c) & Ranch  (3/4c)  Turkey & Cheese Croissant Sandwich with Carrot Sticks (1/2c) & Ranch  Carrot Sticks (1/2c) &	s	Roll	Dinner Roll	Roll	30	20
with Black Beans (1c)  Salad (1 1/2c)  (1c)  Chili Dog with Carrot Sticks (1c) & Ranch  Salad (1 1/2c)  Spinach Chicken Pasta with Cliantro Bean Salad (1c)  Turkey Salad Sandwich with Green Salad (1 1/2c)  Turkey Salad Sandwich with Green Salad (1 1/2c)  Turkey Salad Sandwich with Green Salad (1 1/2c)  Where deed Cheese (2oz) Nachos (2oz) with Black Beans (1c)  Spinach Chicken Pasta with Cliantro Bean Salad (1c)  Turkey Salad Sandwich with Carrot Sticks (3/4c) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (1/2) & With Brown Rice Pil (1/2) & Steamed Broccoli & Carrots (1/2)  Caesar Chicken Salad with a Wheat Dinner  Carrot Sticks (1/2) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (3/4c) & Ranch  Carrot Sticks (1/2) & Ranch  Carrot S	В					
Salad (1c) 1/2c) (3/4c) Carrot Sticks (3/4c) & Ranch Carrot Sticks (1/2c) & Ranch  V Shredded Cheese (2oz) Nachos (2oz) with Black Beans (1c) Shredded Cheese (2oz) & Green Salad (1c)  Shredded Cheese (2oz) & Green Salad (1c) Garden Burger with Mashed Potatoes (1c) Bean & Cheese Torta with Carrot Sticks (1/2c) with Garden Burger with Mashed Potatoes (1c) (1/2c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) with Brown Rice Pli (1c) & Steamed Broccoli & Carrots (1c) (1/2c) & Steamed Broccoli & Carrots (1c) (	L				Chili Dog with Carrot Sticks (1c) & Ranch	Chicken Teriyaki with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
Black Beans (1c) Shredded Cheese (2o2) & Green Salad (1c) Garden Burger with Mashed Potatoes (1c) (3/4c) & Ranch (1c) & Steamed Broccoli & Carrots (1c) & Caesar Chicken Salad with a Wheat Dinner Chef Turkey & Ham Salad with a Wheat Dinner Chicken Salad with a Wheat Dinner Chef Turkey & Ham Salad with a Wheat Dinner Chef Turkey & Ham Salad with a Wheat Dinner Chicken Salad with	CL					Roasted Pepper Chicken Tortilla Wrap with Carrot Sticks (1/2c) & Ranch
	v			Garden Burger with Mashed Potatoes (1c)		Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
	s					Santa Fe Chicken Salad with a Wheat Dinner Roll

This institution is an equal opportunity provider.

School Notes: JUICE ON TUESDAYS & THURSDAYS// SEND BUNS ON SIDE // LACHSA SEND PREPACKAGED BURGERS // NO PIZZA FOR LACHSA // NO SIDE SALAD FOR LACHSA





Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)